

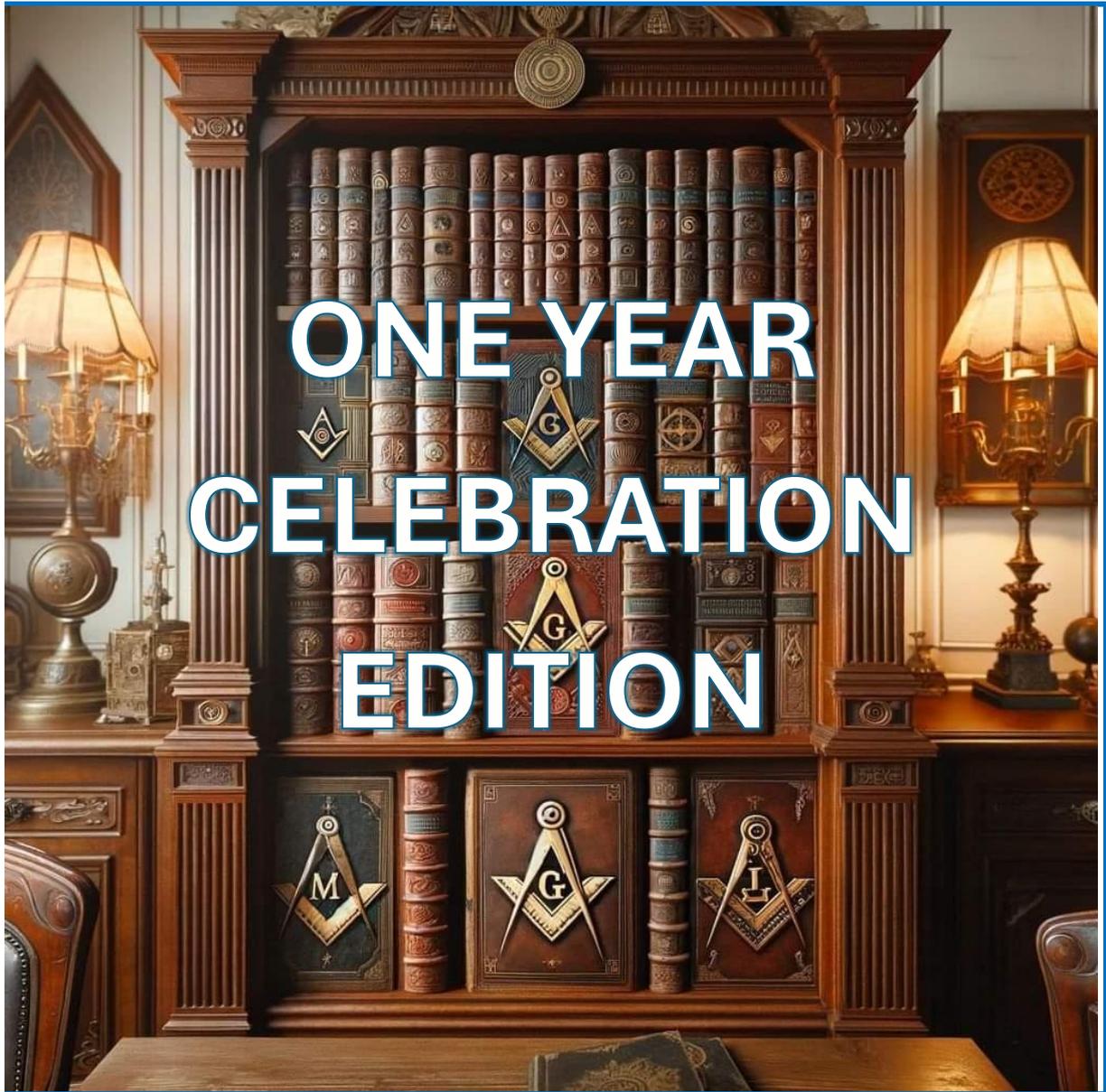


Sussex Freemasons - West Group

'The West Wing'  
(Bognor, Chichester, Clapham, Littlehampton,  
Midhurst, Pulborough, Steyning and Worthing)

# *The West Wing'*

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# *Masons Notebook*

September '25

Issue 13



Sussex Freemasons - West Group

'The West Wing'  
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## Introduction.

An opportunity to make your own collection of 'Masonic Gems' that will enhance your knowledge of the ritual and its meaning.

Every month you will receive some 'Masonic Gems' that will build into an amazing notebook that will last a lifetime.

The 'Gems' are sourced from a variety of authors that will give you, the learner, a balanced outlook on Masonic ritual and symbolism.

Start your collection and your journey today.

## The 'West Wing' Learning and Development Team.



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Midhurst, Pulborough, Steyning and Worthing)



The Learning and Development Team

Barry Smith

Steve Goulding

Nicholas Broadway



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## Celebrating ONE YEAR of 'The West Wing' Masons Notebook.

This issue marks one year of 'The West Wing' Masons Notebook. The Learning and Development Team would like to thank you for the positive way in which you have received it.

It has been the Team's aim to retain membership through education. Many of our members attend regular Lodge meetings and Lodges of Instruction without knowing what the ritual and symbolism means. During the year we hope we have, in some small way, addressed some of those concerns and stimulated you to ask the question "why?".

**The purpose of Freemasonry is "to instruct."** (William Preston). During the next year we will be supplying material that can be used either as a standalone personal development piece or as a lesson that can be delivered at a Lodge of Instruction.

In the following pages we will ask you to question your Lodge of Instruction. Is it a place of learning and development or just a place of rehearsal. We will also stimulate a discussion on the ceremony of Installation.

The L&D team work on the old teaching principle of "Tell me I will forget, show me I will remember, involve me I will understand". Our aim in the teaching is for you to understand Freemasonry and all it has to offer. Involve yourself in the learning process which includes a participation in your Lodge activities, community engagement.

Thank you again for your positivity and we hope we can continue to stimulate you in the learning and understanding of this wonderful 'Art'.

**Initiate - Educate - Stimulate**

(Simon Fyfe)

The Learning and Development Team.



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## Examine your Lodge of Instruction.

Questions taken from the viewpoint of a Preceptor (Teacher).

"Brethren,

We are gathered today not merely to rehearse our ceremonies, but to engage in a deeper examination of our Lodge of Instruction. Our purpose is to ensure that this Lodge is not simply a place of repetition, but a vibrant centre of learning where we truly teach men how to be Freemasons.

To guide our reflection, I ask each of you to consider the following:

### 1. Beyond Rehearsal: The Element of Analysis

- To what extent does our Lodge of Instruction move beyond the simple mechanics of ritual?
- Where in our sessions do we pause to analyse the meaning behind the words and actions we practice?
- How can we foster a greater spirit of inquiry, encouraging Brethren to question and explore the "why" behind our traditions?



### 2. From Symbolism to Daily Life: The Application of Masonic Teaching

- How effectively are we connecting the symbolism and allegories within our ritual to the challenges and opportunities of our daily lives?
- Can we share specific examples of how a lesson learned in this Lodge of Instruction has influenced our actions as men, partners, colleagues, and citizens?
- What methods can we employ to make the application of Masonic principles a more explicit and tangible part of our instruction?



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### 3. The Preceptor's Craft: Fostering Understanding through Involvement

- Reflecting on the maxim, 'involve me and I will understand,' how can we increase the active participation of every Brother in our sessions?
- Are we creating an environment where Brethren feel comfortable sharing their interpretations and learning from one another?
- How can the Preceptor and senior Brethren better serve as facilitators, guiding discovery rather than simply dictating practice?

### 4. Building the Ideal Freemason: Measuring Our Success

- Let us revisit the definition of a Freemason: 'A man to whom the burdened heart may pour forth their sorrow, to whom the distressed may prefer their suit, whose hand is guided by justice and whose heart is expanded by benevolence.' How is our instruction cultivating these essential qualities?
- In what ways does our Lodge of Instruction support the ideal of making a 'daily advancement in Masonic knowledge'?
- What can we do to better support each Brother in his personal journey of becoming a better man today than he was yesterday?

Let our discussion be open, honest, and constructive. For in strengthening our Lodge of Instruction, we strengthen the very foundation of our Craft and ensure that we are not just creating ritualists, but are truly building Freemasons."

The Learning and Development Team.





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## The West Wing' Lodge of Instruction.

### Lesson 1.

**Explain the Ceremony of Installation.**

**Examine the three addresses.**

**At the end of this lesson the student will be able to discuss:**

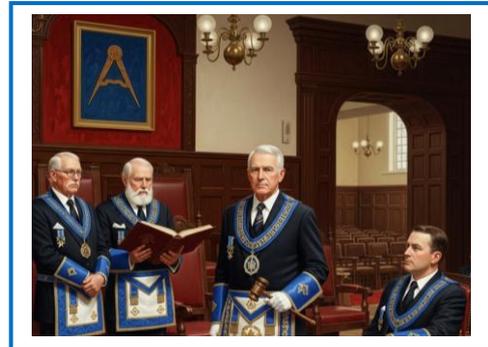
- (a) the significance of **Rule 105** of the Book of Constitution
- (b) the symbolic significance of the 'Inner Workings'
- (c) the Address to the Master: A Charge of Servant Leadership
- (d) the Address to the Wardens: The Art of Middle Management
- (e) the Address to the Brethren: The Social Contract of Freemasonry

### The Ceremony of Installation.

*(Involve me I will understand)*

*(See text at the end of the discussion points.)*

Brethren, we have before us a foundational text from our Lodge of Instruction, outlining the annual Ceremony of Installation and the subsequent addresses to the new Master, his Wardens, and the Brethren. Our purpose today is not merely to read this text, but to dissect it, understand its deeper meanings, and apply its lessons to our own Masonic journey.



To that end, let us consider the following points for our discussion:

1. **The Significance of Rule 105:** The text begins by citing Rule 105 of the Book of Constitutions. Let's analyse the importance of this rule.
  - Why is the annual election and installation of a new Master so fundamental to the health and continuity of a Lodge?
  - What democratic principles are embedded in this process, and how do they align with Masonic values?



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- The rule provides a detailed procedure for a motion to prevent a Master-Elect from being installed. What does the existence of this detailed process tell us about the seriousness of Masonic governance and the importance of due process?
- 
- 2. **The "Inner Workings":** The ceremony includes a unique part known as the 'Inner Workings' for the Master-Elect.
  - What is the symbolic significance of being placed in the "Chair of King Solomon"?
  - The Master is presented with the Square as his jewel of office. How does the dual function of the square—to find both "weaknesses and perfections"—relate to the Master's duty to provide instruction?
  - The Immediate Past Master is awarded a jewel featuring Euclid's 47th Problem. How does this symbol represent the culmination of a year of leadership and the "progress" made? What is the connection between this geometric theorem and the moral and intellectual guidance a Mason should follow?

Let us now turn our attention to the three distinct, yet interconnected, addresses that conclude the ceremony.

1. **The Address to the Master: A Charge of Servant Leadership**
  - The address uses the powerful metaphor of the sun. How does this imagery define the Master's role as a source of "light and instruction"?
  - It charges the Master to ensure the Brethren practice out of the Lodge the duties taught in it. What does this tell us about the ultimate purpose of our Masonic teachings?
  - The text outlines a clear hierarchy of authority for the Master's conduct: the Lodge's By-laws, the Constitutions of Masonry, and the Sacred Writings. Why is this order significant for good governance?
2. **The Address to the Wardens: The Art of Middle Management**
  - The address states that Wardens should "carefully imitate" what is praiseworthy in others and "amend" what is defective in



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themselves. How does this cultivate the qualities of a future leader?

- What is the importance of the Wardens' duty to be "examples of good order and regularity"? How does their conduct directly impact the Brethren's adherence to the Lodge's laws?
- In what ways does this address serve as a blueprint for effective mentorship and delegated authority within any organization?

### 3. The Address to the Brethren: The Social Contract of Freemasonry

- The address opens with the statement that "some must of necessity rule and teach, so others must of course learn, submit, and obey." How does the concept of "Humility in each" make this structure workable and prevent resentment?
- It speaks of a "grand design of being happy and communicate happiness." How does this shared goal unify the leadership and the membership of the Lodge?
- The address uses the powerful symbolism of the rule, square, and compass to guide the Brethren's actions, conduct, and thoughts. Let's break down these metaphors. What specific actions are being guided by these working tools in our daily lives?

By exploring these questions, we can gain a deeper appreciation for the wisdom embedded in our rituals and the profound responsibilities we all share, whether as a Master, a Warden, or a Brother on the floor of the Lodge.



Please see the text below.



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## The Text: The Ceremony of Installation.

According to Rule 105 of the Book of Constitutions every Lodge shall annually ballot for a qualified Brother to serve as Master for the ensuing year. At the next Regular meeting, after the ballot, the Master elect will be installed in to the Masters Chair.

According to the ritual of the Second Degree, the Master Elect must give his unqualified assent to a number of Charges relating to his conduct and take a solemn obligation. The Lodge is then opened in the Third Degree and the Master elect is then presented to a Board of Installed Masters to receive from his predecessor the benefit of installation.

This is a very unique ceremony known as the 'Inner Workings, in which the Master Elect is placed into the Chair of King Solomon, the highest honour a Lodge can bestow on any of its members. He is presented with his jewel or badge of office, the Square. An implement which, when placed on an ashlar identifies weaknesses and perfections. Symbolically the Master can then plan lessons for Lodges of Instruction whereby the Brethren can make advances in Masonic knowledge, the knowledge of themselves. For what is the purpose of Freemasonry? According to William Preston "it is to instruct."

In the Inner Workings the Immediate Past Master is awarded his jewel of office which is a Square with the addition of a representation of Euclid's 47<sup>th</sup> Problem to mark his progress both in life and in Freemasonry as he leaves office.

Euclid's 47<sup>th</sup> Problem was to find a simple method of proving a right angle. He did this by establishing a formula which proves a right angled triangle. ( $3^2 + 4^2 = 5^2$ . A 3/4/5 triangle.) By using this theorem, also known as the Pythagoras Theorem, man was able to accurately build, measure distances, calculate positions, in short 'measure things.' The 47<sup>th</sup> Problem of Euclid helps us look at the Universe through a measurable system which is understandable and is well applied to Freemasons as a guide to their actions.

After the 'Inner Working' ceremony the Lodge is resumed in the third degree when all Master Masons, after a proclamation, salute the new Worshipful Master. This is repeated by Fellow Craft and Entered Apprentices when the Lodge is opened in the Second and First Degrees when the Lodge is opened in those degrees.

The Worshipful Master then appoints his team for the year and explains to each team member their duties.



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## Address to the Master

W.M., You having been installed in the Chair of this worthy and worshipful Lodge, cannot be insensible to the obligations which devolve upon you as its head, or to your responsibilities for the faithful discharge of the duties annexed to that appointment. The honour, reputation and usefulness of this Lodge will materially depend on the skill and assiduity with which you manage its concerns; while the happiness of its members will be generally promoted in proportion to the zeal and ability with which you promulgate the genuine principles of the Institution.

As a pattern for imitation, consider that glorious luminary of Nature, which, rising in the East, regularly diffuses light and lustre to all within its circle; in like manner it is your peculiar province to communicate light and instruction to the Brethren of your Lodge.

Forcibly impress on them the dignity and high importance of Masonry; seriously admonish them never to disgrace it; charge them to practice out of the Lodge those duties they have been taught in it; and by virtuous, amiable and discreet conduct to prove to the world the happy and beneficial effects of our Ancient Institution, so that when anyone is said to be a member of it, the world will know that he is one to whom the burdened heart may pour forth its sorry, to whom the distressed may prefer their suit, whose hand is guided by justice, and whose hand is expanded by benevolence.

In fine, W.M., by a strict observance of the By-laws of your Lodge, the Constitutions of Masonry, and above all by the use of the Sacred Writings which are given as a rule and guide of our Faith, you will be enabled to lay up a Crown of Joy and Rejoicing which will continue when time with you shall be no more.

And may God grant you health and strength to perform your duties of your high office with satisfaction to yourself, and advantage to your Lodge.

## Address to the Wardens.

The W.M. having appointed you to the principle offices, you are to consider yourselves pledged by your acceptance thereof to a strict performance of your duties, as well as to regular attendance during the time for which you are appointed. You are sufficiently acquainted with the principles of Masonry to prevent any mistrust that you will be found wanting in the discharge of the duties of your respective offices.

Suffice it to say that what you observe praiseworthy in others you should carefully imitate, and what in them may appear defective, you should in yourselves amend. You ought to be examples of good order and regularity, for it is only by paying due obedience to the laws in our own conduct that we can reasonably expect compliance with them from others. You are assiduously to assist the W.M. in the discharge of the



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duties of his important trust, by communicating Light and imparting knowledge to all whom he may place under your direction.

From the spirit you have hitherto evinced, we entertain no doubt your future conduct will be such as to merit the esteem of your Brethren and the gratifying testimony of a clear conscience.

## Address to the Brethren.

Brethren, such is the nature in our Constitution that some must of necessity rule and teach, so others must of course learn, submit, and obey. **Humility in each is an essential qualification.** The Brethren whom the WM has selected to assist him in the ruling and governing of the Lodge are too well acquainted with the principles of Masonry, and the Laws of our Institution, to warrant any mistrust that they will be found wanting in the discharge of their duties of their respective offices, or that they will exceed the powers with which they are entrusted; and you, Brethren, I am sure, are of too generous a disposition to envy their preferment. I therefore trust that we shall have but one aim in view, to please each other and unite in the grand design of being happy and communicate happiness. And as this association has been formed and perfected with so much unanimity and concord, long may it continue.

May brotherly love and affection ever distinguish us as men and Masons. May the principles and tenets of our profession, which are founded on the basis of religious truth and virtue, **teach us to measure our actions by the rule of rectitude, square our conduct by the principles of morality, and guide our inclinations, and even our thoughts, within the compass of propriety.**

Hence, **we learn to be meek, humble and resigned; to be faithful to our God, our Country, and our Laws; to drop a tear of sympathy over the failings of a brother, and to pour the healing balm of consolation into the bosom of the afflicted.** May these principles and tenets be transmitted pure and unpolluted, through this Lodge from generation to generation.

**A full analysis of this lesson you will find in the Preceptors Copy on the West Group Web Page.**

### Note for Preceptors.

The Preceptor's more detailed working copy of this lesson can be found in the **Learning and Development** section of the **West Group Web Site** ([www.wgsm.org.uk](http://www.wgsm.org.uk)) along with an **audio analysis and a Power Point Presentation.**

The Learning and Development Team.



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## Cornerstone (Miscellaneous bits)

### Learning Programs:

'The West Wing' Learning and Development Program.

Freemasonry is a Lifestyle Choice. Learn more through your Lodge Mentor, the West Group web page or the L & D Team.

Solomon <https://solomon.ugle.org.uk/>

Mentors Notes: <https://www.thesquaremagazine.com/mentorsnotes/>

West Group Web Page: <https://www.wgsm.org.uk>

ONLINE LEARNING AND DEVELOPMENT



Start your journey

<https://solomon.ugle.org.uk>

mentor's notes



self paced guided learning

the **SQUARE**  
ACADEMY



The West Group

Web Page

[www.wgsm.org.uk](http://www.wgsm.org.uk)



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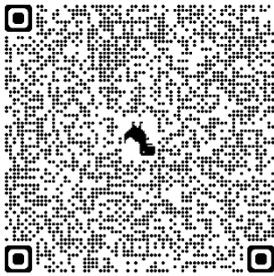
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## Facebook.

Sussex Freemasons - West Group - 'The West Wing'

<https://www.facebook.com/share/Tx388jyGJiYKfd4q/?mibextid=K35XfP>

## West Sussex Light Blues Club



<https://www.westsussexlbc.org/>

Are you a new Mason in the West Group of Sussex? Click on the QR Code and enjoy your journey into an exciting aspect of Freemasonry.

### Membership Benefits

- Monthly Social Events Across The Province
- Curated masonic events, just for club members
- Learn more about the craft in a relaxed setting
- Access to a private Facebook page & WhatsApp group
- Socialise with & meet likeminded Freemasons in your area
- Future planned benefits including a masonic passport, lapel pins, a role within the club and more...



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## The NEW Royal Arch Chapter of Improvement in Chichester.

A different approach to teaching the mysteries of the Royal Arch has been adopted in the Chichester Chapter of Improvement. It combines education of both the philosophical meaning and the personal development application of the ritual alongside traditional teaching methods of the Royal Arch ceremonies.

*"Tell me I will forget.*

*Show me I will remember.*

*Involve me I will understand".*

*Part 2 of the Course commences in September '25.*

*The three Royal Arch Lectures will be analysed in order to understand how the Royal Arch applies to 21<sup>st</sup> Century Freemasons.*

**Historical Lecture.** 6<sup>th</sup> September.

**Symbolical Lecture.** 25<sup>th</sup> October.

**Mystical Lecture.** 29<sup>th</sup> November.

To Enrol or if you would like a prospectus please contact the Chichester Chapter of Improvement Secretary Ex. Comp. Stephen J. Goulding, SLGCR:

Email: [stevegoulding@sussexmasons.org.uk](mailto:stevegoulding@sussexmasons.org.uk)



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## Sussex Royal Arch Masonry launches new BLOG

<https://www.sussexroyalarch.co.uk>



The **BLOG** is a standalone communication platform which operates separately but in conjunction with the Sussex Royal Arch Website. The **BLOG** is **updated daily** and is easily accessible, simply visit <https://www.sussexroyalarch.co.uk>

### *A One Journey – One Organisation BLOG*



*Conveying information about*

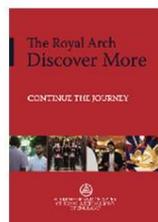
*Royal Arch Masonry* and how to join.

Future *Exaltation and Installation Ceremonies* taking place local to you.

*Royal Arch Events* taking place in Sussex Chapters and beyond.

*Royal Arch Articles* and *Announcement's*.

*Membership and Mentoring.*



*Archway Support*

*UGLE- Solomon Royal Arch Virtual Learning Platform Guidance*



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## Charity.

### The West Group Supported Charities.

In 2025, the West Group have set three challenges.

#### Challenge 1 Successfully Completed. Amberley Museum.

Repairing their 'Nature Trail'.

#### Challenge 2 Successfully Completed. Moonlight Walk (14<sup>th</sup> June, 2025.) for St. Wilfrid's Hospice.

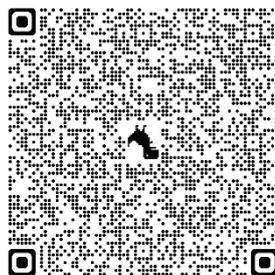
#### Challenge 3. Supporting Stonepillow the Chichester homeless charity with a 'BIG Sleepout'. (Saturday, 20<sup>th</sup> September, 2025.)

<https://www.eventbrite.co.uk/e/the-stonepillow-big-sleep-out-2025-tickets-1309957711779>



Contact: **Simon Fyfe.**  
West Group Deputy Chairman

[Simon.fyfe@sussexmasons.org.uk](mailto:Simon.fyfe@sussexmasons.org.uk)



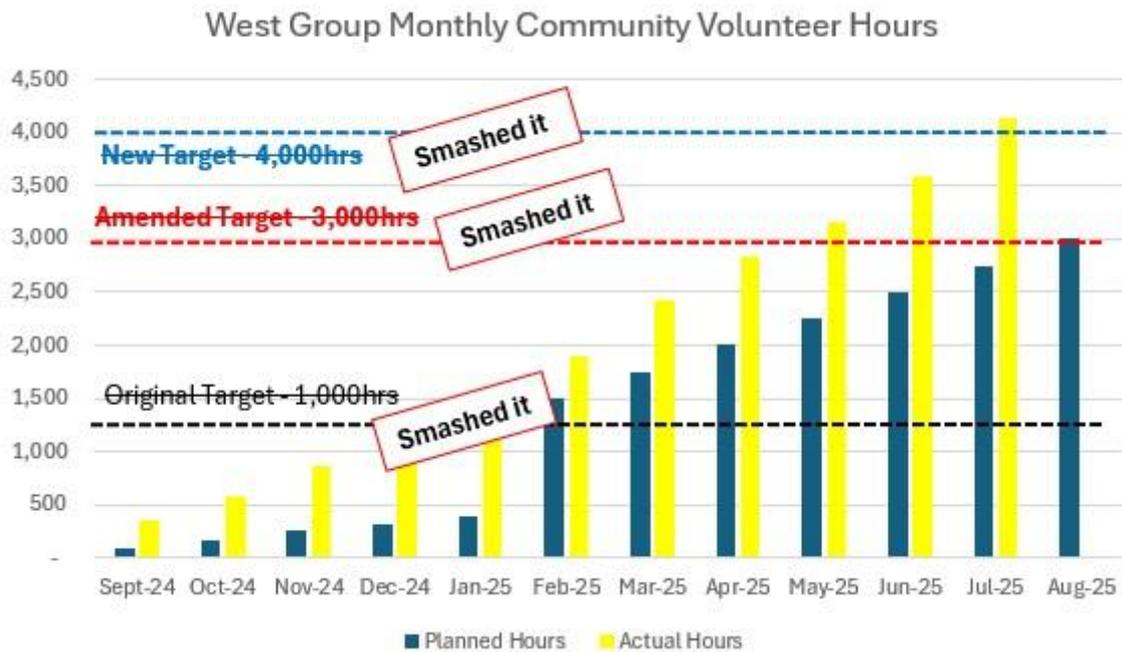


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Why not put a Lodge team together and support this worthwhile charity. A wonderful way to build teamwork and trust within your Lodge.

## Actions Not Words.



To everyone who rolled up their sleeves and got involved: **thank you**. Let's keep the momentum going as we continue to strengthen our communities and uphold the principles that bind us.



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## This Month's West Group Community Engagement Champion Award



**W. Bro. Stewart Bishop** served as Worshipful Master of Midhurst Lodge No. 4460 during its centenary year in 2022 and currently holds the office of Lodge Charity Steward. He is also Haggai in Midhurst Chapter No. 4460.

**Bro. Merrick Eames** was initiated into Pagham Lodge No. 8280 in October 2019 and currently serves as both the Senior Warden and Membership Officer. He is also a member of St Wilfrid's Chapter No. 5413.

Professionally, both are skilled painters and decorators who run their own businesses. Recently, they generously dedicated an entire weekend to lead a team that redecorated parts of the Sage House Dementia Care Hub.

Congratulations to both Stewart and Merrick on this well-deserved recognition!



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## Super Hub for UK Harvest.



What an incredibly successful first use of the Charmandean Centre as a monthly Super Hub for UK Harvest in association with West Sussex County Council. UK Harvest has the combined objective of preventing food waste and food insecurity. The Super Hub will also host a number of support services.

John Spence



A splendid effort by the members of Bishop Edward Story Lodge 8256 and Manor of Bosham Chapter 6297 donating £600 to support The Gibson Suite at St Richards hospital, Chichester.

The Gibson Suite provides a space for parents who have lost their baby during pregnancy or child through Sudden Infant Death Syndrome etc to have valuable time to say goodbye. The bereavement suite is a vital area for parents and families to make those last memories with their child.



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**FREE PSA\* testing**  
organised and supported by Worthing Lions and PCaSO

**Saturday 13th September 2025 - 10am to 4pm - Age 40 to 80**  
To book an appointment go to: [pcaso.myspatests.org.uk](http://pcaso.myspatests.org.uk)  
Event enquiries only - call 01926 419 959 (Mon-Fri, 9 to 5pm)  
Venue: The Charmandean Centre, Forest Rd, Worthing BN14 9HS

\*PSA stands for Prostate Specific Antigen. A blood sample taken from a vein in your arm, will be sent to a laboratory and the PSA result will be either emailed or posted to you

**Know your PSA**  
Know where it's going

Venue  
The Charmandean Centre  
Forest Road, Worthing  
BN14 9HS

Printed by **PCP**

**Aged 40 to 80?**

**It's FREE!**

**It's at The Charmandean on Saturday 13th September**

**Please get yourselves tested Brethren**

## Save the Date



**'An Evening with Sam Weber'**

**Monday, 29<sup>th</sup> September, Charmandean, Worthing.**

**Have you ever wondered what it would be like to row across the Atlantic?**

**Bar opens at 6.15pm with Dinner at 7pm. £32.50 per person.**

**Booking details from John Spence. Email: [jjspence@aol.com](mailto:jjspence@aol.com)**



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## Investigate other orders of Freemasonry

**A Masonic Journey** Starts with the Craft, Where it leads is up to you!

**Come along to**

A brief but informative presentation open to all Masons who wish to broaden their horizons or simply want to know 'what's out there!' There's an opportunity to find more at the FREE buffet afterwards as well!

Hosted by Lancing Lodge No.6352 on  
**5.30pm Friday 26th September 2025**  
at the Charmandean Centre, Worthing. BN14 9HS.

Booking is essential, by 19th Sept.  
No Booking! No Food!

<https://forms.cloud.microsoft/fe/ry88qj112?origin=qr-link>

Scan the QR code or follow the link to book in  
Any issues booking in, contact [trevor@thecharmandean.co.uk](mailto:trevor@thecharmandean.co.uk)

## Talk: "Learning and Development" Do we really need it?

MASONIC EVENING OF INSIGHT & EDUCATION

SUSSEX MASTERS LODGE NO 3672

A TALK ON  
"LEARNING & DEVELOPMENT"

DO WE REALLY NEED IT?  
DO WE REALLY HAVE TIME FOR IT?

FOLLOWED BY AN EXPLANATION OF THE PREPARATION FOR INITIATION...

SATURDAY 20<sup>TH</sup> SEPTEMBER 2025 @ 5.30PM  
Sussex Masonic Centre, Queens Road, Brighton, BN1 3YH

ALL BRETHREN  
WELCOME  
JOIN US FOR AN EVENING  
OF LEARNING AND  
DEVELOPMENT  
DINING £30

QUICK, EASY, AND HASSLE-FREE  
- JUST SCAN AND SECURE  
YOUR SPOT



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## The province of Sussex will be hosting this year's National Masonic Clay Shooting Championships

**NATIONAL MASONIC  
CLAY  
SHOOTING  
CHAMPIONSHIP  
2025**

**Friday 12th September 2025**  
Northall Clay Pigeon Club  
Northall Farm Fletching  
East Sussex, TN22 3SA  
For Information and Booking form Email:  
sussex2025nationals@gmail.com



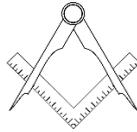
**Entry £55**  
Including Sausage or Bacon  
Roll + Cup of Tea / Coffee  
10am Start, Presentations 3pm  
Hog Roast Lunch Available  
@ £10 per person  
Pay on the day or add £10 to your entry cost and receive a  
Hog Roast Token at Check In

'The West Wing' L & D Team  
Enquiries: [stevegoulding@sussexmasons.org.uk](mailto:stevegoulding@sussexmasons.org.uk)



Sussex Freemasons - West Group

'The West Wing'  
(Bognor, Chichester, Clapham, Littlehampton,  
Midhurst, Pulborough, Steyning and Worthing)



If you are not willing to  
learn no one can help  
you.

If you are determined  
to learn, no one can stop  
you.

'The West Wing' L & D Team.



Sussex Freemasons - West Group

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Notes.